



Light of Truth Center, Inc.

A YEAR IN REVIEW – 2020

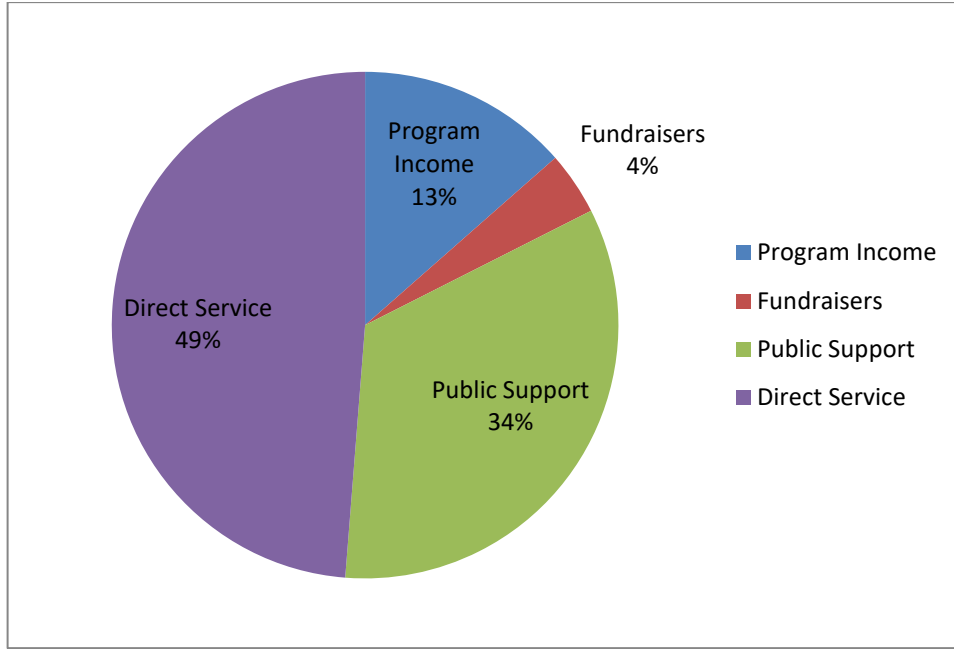
SNAPSHOT

- For twenty one years, the Light of Truth Center (LTC) has provided the necessary tools and techniques to aid women with life enhancing skills needed to succeed in their recovery journey.
- Vaile Leonard (Founder/CEO) was honored with the prestigious 2020 New Thought Walden award for actively engaging in creating positive change in the world.
- The Maryland Association of Nonprofit Organizations (MANO) accredited LTC with a five year seal of excellence.
- Light of Truth Center dba 3C Recovery Institute (in collaboration with the Maryland Peer Advisory Council, MPAC) continues training classes under the leadership of Tyrell Moyd. Several LTC peer housing specialists have been certified as peer recovery coaches after completing training offered by this institute.
- LTC has been approved as a Prometric Testing Site for all clinical, recovery coach, and all certifications.
- The annual Recovering Hearts conference was held virtually via Zoom. It was well attended by participants in different regions of the country and received accolades from many stakeholders.
- The annual fundraising boutique (clothing sale) was postponed until 2021.
- The annual fundraising gala was also held virtually. The musical and dance performances were enjoyed by all. One of LTC's alumni, Vickie Stewart, was the guest speaker and attributed her successful life changing achievement of goals to her tenure at LTC.
 - <https://www.youtube.com/watch?v=oHfQerNFdnU>
- The U.S. Department of Health and Human Services approved LTC's application for National Provider Identification.
- During the COVID-19 pandemic, LTC's first recovery residence, (Charles Allen Center) was extensively renovated while the residents were relocated to another LTC location.
- The coronavirus pandemic caused quite a bit of upheaval for the LTC. As a safety precaution, admissions were discontinued for most of the year. However, Telehealth technology allowed consumers to engage in virtual groups and individual counseling sessions.

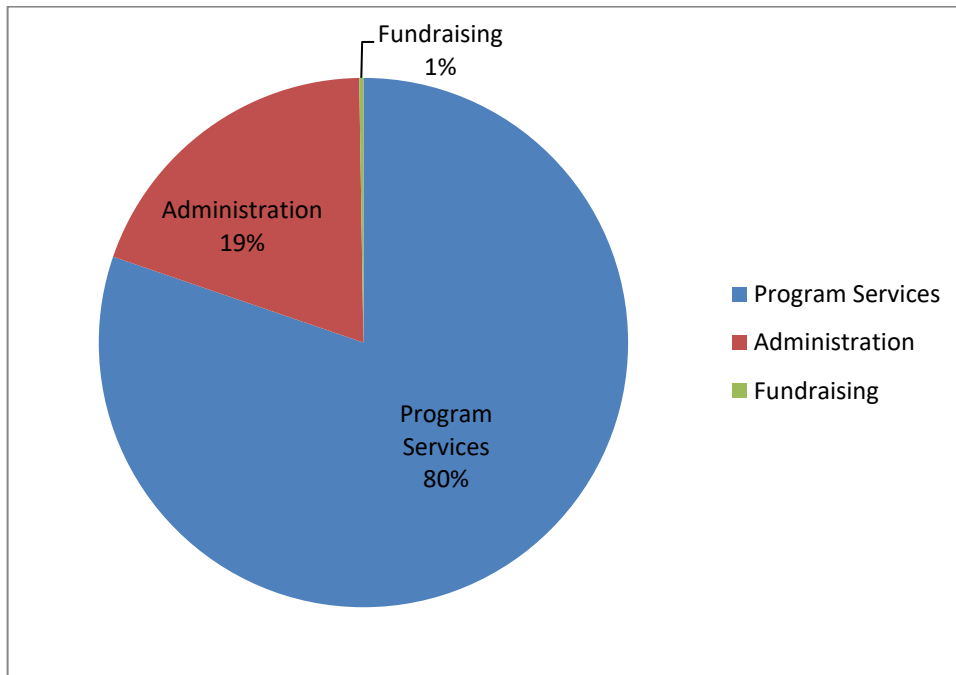
FINANCIAL INFORMATION

LTC's 2020 income and expense percentages are depicted in the charts below.

INCOME



EXPENSES

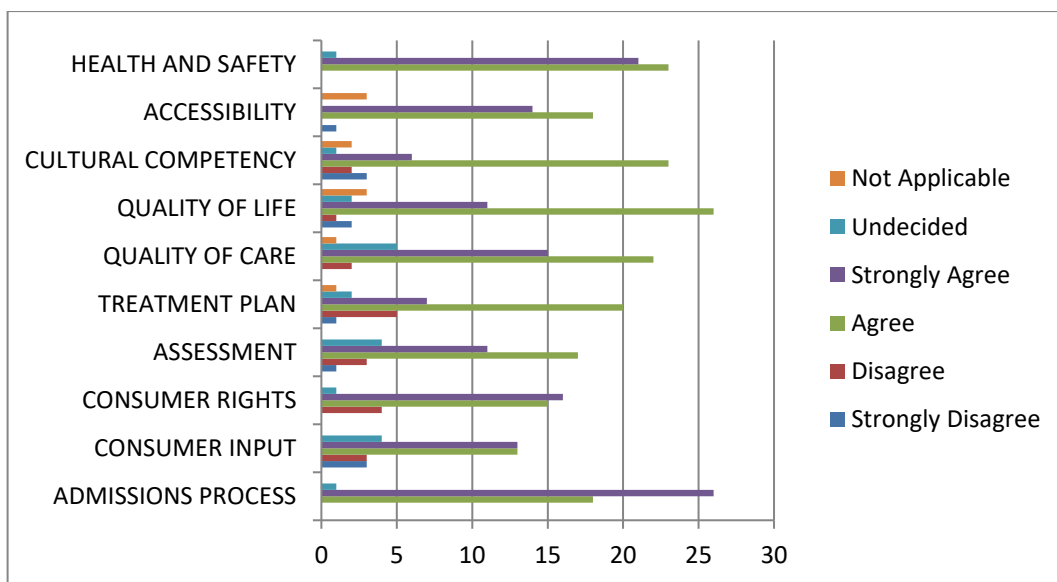


OVERVIEW

Program rules are more stringent for Level 1 residents, (III.I Halfway House) i.e. they are not allowed to work during the first six months of admission. LTC residents attend NA/AA meetings, behavior modification and spirituality group meetings several days during the week. All residents are expected to remain substance free, seek stable living arrangements, at the appropriate stage of recovery, and not engage in criminal activity.

OUTCOMES AND DEMOGRAPHICS

- At least 77% of the residents stayed in LTC programs more than 3 months.
- The majority (82%) of residents were African American and 77% were age 50 or older.
- None of the residents relapsed or engaged in criminal activity while in the program in 2020.
- LTC’s goals were met for community integration (in school, working or volunteering).
- Due to the lack of affordable housing and temporary closure of the city’s housing office, the residents had problems acquiring stable living arrangements after they leave the program. Two residents were discharged successfully and two left the program against medical advice.
- LTC’s dedication and commitment to improving the quality of the lives of the residents was fulfilled according to satisfaction surveys completed by participants. Favorable responses are answered either “Strongly Agree or Agree”. When these responses were combined, 84% of the residents responded favorably to all the survey questions.
- The graph below summarizes responses to the satisfaction surveys that were completed during 2020.



PERCENTAGE OF RESPONSES TO 2020 CONSUMER SATISFACTION SURVEYS